



**THE
CARPENTERS
ARMS**
GREAT WILBRAHAM

BREAKFAST TABLE

Homemade Granola **V** kcal 225

Glebe Farm Cereals **GF V** kcal 219

Seasonal Fruit **DF V GF** kcal 140

Fen Farm Yoghurts **V GF** kcal 92

Homemade Sourdough, Bungay Butter & Jam **V** kcal 286

Homemade Gluten Free Muffins **V GF** kcal 352

Boiled Rymer Richer Eggs **GF DF V** kcal 76

Smoked Chalk Stream Trout **GF DF** kcal 82

Fresh Juices, Teas & Coffees

The average recommended adult daily calorie intake is 2000 Kcal

V Vegetarian VG Vegan GF Gluten Free DF Dairy Free

Please let a team member know of any allergies or dietary requests

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